

# PARACLEANSE™

## Sustains Excellent Intestinal Health



**Why should I take Paracleanse?** Paracleanse is a synergistic combination of herbs, herbal extracts, sulfur-containing amino acids and MSM, carefully designed to support healthy cleansing of your system. Because Paracleanse promotes intensive cleansing, we suggest that you only use it for about 10 to 12 days, once every 3 or 4 months. Just take a full supply as described on the label. This provides further beneficial cleansing and can augment the routine daily cleansing provided by Daily BioBasics™.

### Paracleanse Goes Beyond Routine Cleansing

Paracleanse is a synergistic combination of herbs, plant extracts, sulfur-containing compounds, and enzymes, carefully designed to support healthy cleansing of waste, chemicals, and harsh environmental factors from the body. All the sulfur-containing compounds included in this formula occur naturally both in foods and in the body. Paracleanse supports the body in going beyond ordinary cleansing processes.

Two primary components in this formula are *Artemisia absinthium*, commonly known as wormwood, and *Artemisia annua*, used for thousands of years in China and known there as Qinghao, commonly called Sweet Annie or Sweet Wormwood in the West. *Artemisia absinthium* grows wild in Europe, North Africa, and Western Asia, and is cultivated in North America as well. Its leaves and flowers, traditionally consumed intermittently (usually for periods of about a month) as teas or tinctures, may support healthy digestion and cleansing of the body.◊

The inclusion of garlic, black walnut leaves, cloves, goldenseal root, barberry root, and fenugreek in this “recipe” creates major synergy in maintaining and promoting healthy intestinal ecology.◊

### Provides Protein-Digesting Enzymes

Prized for thousands of years for its ability to support healthy digestion and intestinal function, parsley is a food and spice with a history going back to the ancient Greeks and Romans. Rich in antioxidant flavonoids, its high chlorophyll content allows it to freshen the breath, which is partly why restaurants include parsley leaves with many meals. Small amounts of the plant-derived, protein-digesting enzymes papain and bromelain (from papaya and pineapple) are included because they improve the assimilation of many plant flavonoids.

### Binds Waste

Several amino acids, particularly those containing sulfur, are helpful in supporting cleansing processes

within the body. Two amino acids, L-cysteine and L-methionine, contain sulfhydryl groups, which act as antioxidants and bind certain wastes to assist in carrying them out of the body.◊ Another important nutritional source of sulfur, methyl-sulfonyl-methane (MSM), also assists the body in cleansing.◊

These sulfur-containing nutritional compounds not only function as natural chelators, but are also excellent free radical scavengers that assist the body in protecting itself from free radical attack.

Marine alginate, a highly absorbent fiber derived from Pacific brown kelp (a sea vegetable), forms a gel when it becomes hydrated in the intestine. This gel is capable of tightly binding harsh environmental waste, thereby assisting the body in natural cleansing.◊

### Supports the Liver◊

Milk thistle (*Silybum marianum*) produces seeds that contain a potent bioflavonoid complex known as silymarin. Silymarin is particularly

supportive of the normal cleansing and purifying processes of the liver, which is among the most significant activities of the body.<sup>◇</sup>

Since the liver may be placed under greater stress when the body is cleansing excess waste from the intestinal tract, milk thistle seed extract (80% silymarin) is included in Paracleanse for additional nutritional support.

Additionally, Paracleanse is formulated in the exclusive PhytoZyme®

Base, which contains specific plant enzymes and concentrates from over 30 specially selected fruits, vegetables, and herbs. These provide a rich blend of phytonutrients in addition to the main ingredients in this unique product.

Paracleanse, designed to enhance and intensify periodic cleansing of your body at regular intervals throughout the year, contains many of the herbs that were routinely used for similar purposes during the

times of our grandparents and great-grandparents.

This bolstering of the body's natural cleansing and elimination process can help sustain overall good health in a time when we are continually exposed to so many harsh environmental factors.

A bottle of Paracleanse taken three or four times a year may be a wise investment as part of your overall health and wellness program.

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#### REFERENCES:

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5. Sidney Baker M.D. *Detoxification and Healing*. Keats Publishing, 1997.
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**Supplement Facts**  
**Serving Size / 3 Tablets**  
**Servings Per Container / 60**

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Wormwood ( <i>Artemisia absinthium</i> L.) Aerial Parts	300 mg *	Garlic Clove	210 mg *
Sweet Annie (Sweet or Annual Wormwood) ( <i>Artemisia annua</i> L.) Aerial Parts Extract	120 mg *	Goldenseal Rhizome	75 mg *
Black Walnut Leaf	300 mg *	Milk Thistle Seed Extract	120 mg *
Methyl Sulfonyl Methane (MSM)	150 mg *	Parsley Leaf	150 mg *
Barberry Root Bark	90 mg *	L-Methionine	6 mg *
Clove Flower Bud	150 mg *	L-Cysteine	30 mg *
Fenugreek Seed	180 mg *		

\*Daily Value not established

INGREDIENTS: Wormwood (*Artemisia absinthium* L.) Aerial Parts, Black Walnut Leaf, Microcrystalline Cellulose, Garlic Clove, Fenugreek Seed, Methyl Sulfonyl Methane (MSM), Clove Flower Bud, Parsley Leaf, Sodium Alginate, Dicalcium Phosphate, Milk Thistle Seed Extract, Sweet Annie (*Artemisia annua* L.) Aerial Parts (Sweet or Annual Wormwood) Extract, Barberry Root Bark, Goldenseal Rhizome, L-Methionine, Stearic Acid, L-Cysteine HCl, PhytoZyme® proprietary blend (Bromelain, Papain, Alfalfa, Parsley, and vegetable and fruit concentrates from Carrots, Broccoli, Pea, Banana, Cantaloupe, Lima Beans, Mango, Pumpkin, Spinach, Tomato, Cauliflower, Orange, Papaya, Sweet Potato, Asparagus, Beet, Green Bean, Snow Pea, Blueberry, Chili Pepper, Cranberry, Cucumber, Guava, Grapefruit, Kale, Lemon, Maitake Mushroom, Peach, Pineapple, Watercress, and Zucchini), and Silica.

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WARNING: Contains Barberry and Goldenseal. Do not use if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication. Store and keep out of reach of young children.

Formulated in the exclusive PhytoZyme® base of plant enzymes for bioavailability and over 30 synergistic fruit, vegetable and herbal concentrates for "extra" phytonutrient cofactors.

This product is processed in the same facility that processes products containing fish/shellfish, soy and dairy.

This product was not tested on animals.

Suitable for Vegetarians.

DIRECTIONS: On DAY ONE, one tablet three times a day as an herbal supplement. On DAY TWO, two tablets three times a day. On DAY THREE, three tablets three times a day. On DAY FOUR and after, three tablets four times a day until one or two bottles are used. After 12 days' usage, remaining tablets are to be stored for next cleansing use.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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